



Photo by Airman 1st Class Joe Lacdan

Getting off to the right 'start'

Martin Bessant, chief, treaty compliance office, speaks with 1st Lt. Paul Hoff, 509th Bomb Wing, about the Strategic Arms Reduction Treaty inspection procedures during an exercise Monday. The purpose of the START inspection is to verify the absence of long-range nuclear air launch cruise missiles. The annual exercise is designed to test Whiteman members' preparedness to host a START inspection. Twelve Whiteman members volunteered to participate in the exercise. Bessant said Whiteman is subject to up to four random inspections annually.

'Force shaping' offers early release

By Maj. John Thomas

Air Force Personnel Center Public Affairs

RANDOLPH AIR FORCE BASE, Texas (AFPN) — There is good news for thousands of airmen considering leaving active duty who thought they couldn't because of existing service obligations.

An effort dubbed "force shaping" is opening the exit doors to officers and enlisted servicemembers in select career fields and year groups by waiving some active-duty service commitments previously incurred for events like government-funded education, permanent changes of station and promotion.

Force shaping includes opportunities to transition to the Air Force Reserve or Air National Guard, and can relieve some people of their active-duty service commitments.

Rules for leaving active duty early will be the least restrictive for anyone wanting to transfer to the Guard or Reserve through the Palace Chase program.

Some bonus payback requirements may also be waived, officials said.

Applications for any of the force-shaping early release programs must be made through local military personnel flights by March 12.

More than 16,000 additional people — 12,700 enlisted and 3,900 officers — currently projected to leave will be allowed out to help the service return to its authorized active-duty force size by Sept. 30, 2005. The goal is to get within authorized end strength while avoiding "extreme measures" that "wreak havoc" with mission and morale, officials said.

Active-duty airmen wanting to transfer to the Reserve or Guard will be able to apply for a waiver of an active-duty service commitment regardless of their career field.

"We're a total force, and for our active-duty airmen who would like to separate early and still retain a connection to their Air Force, the Palace Chase program provides the perfect vehicle to preserve operational capability while reducing active-duty end strength," said Maj. Gen. John Spiegel, the Air Force's director of personnel policy at the Pentagon.

"We're focusing a big part of our efforts there because it keeps (servicemembers) and their expertise in the total force, while allowing them increased stability and a chance to continue working toward a military retirement," the general said.

Some applications may not be approved.

Because of manning shortages, 29 officer and 38 enlisted specialties will not qualify for many of the waivers. Among those are pilots, navigators, air battle managers, aerial gunners, fuels specialists, nurses and first sergeants. The complete list of "stressed" career fields that are excluded from many of the waivers is posted at <http://www.afpc.randolph.af.mil/retsep/shape/>.

"We don't want to break any career fields during our force-shaping efforts or create problems in future years similar to the ones caused by the downsizing in the early 1990s," said General Spiegel.

"Approval authority for miscellaneous enlisted separations will rest at the personnel center, to centrally review applications and ensure compliance with manning needs," said Maj. Dawn Keasley, chief of retirement and separation policy at the Air Staff.

Examples of efforts to "shape" the force go beyond waivers. They include procedures where those who fail to complete technical schools only will be allowed to leave the Air Force or to reclassify into short-manned career fields. In addition, high-year-of-tenure extensions will only be granted to those in specific shortage career fields or for personal hardship reasons.

Program highlights include:

- ✓ The chance to transfer to the Guard and Reserve for those with at least 24 months time in service, incurring a 2-for-1 service commitment (not less than one year or greater than six years).

- ✓ Enlisted waivers of active-duty service commitments associated with technical training and bootstrap programs.

- ✓ Potential service commitment waivers of up to 18 months for permanent-change-of-station moves.

- ✓ Potential service commitment waivers for officers of up to 24 months for Air Force Institute of Technology doc-

9-Line Target



Tops in Blue — great entertainment by fellow airmen!

News in Brief

Tops in Blue comes to town

Tops in Blue, the Air Force's premier entertainment troupe, performs free at 7 p.m. Thursday at the Mathewson Center at the Missouri State Fair Grounds in Sedalia. Free transportation is available. Buses leave at 6 p.m. from the commissary parking lot. See Page 3 for more details.

Base tax office moves

The Whiteman Tax Assistance Office has moved to the community center next to Tickets & Travel. Its hours are 8 a.m.-4 p.m. weekdays. Contact your unit tax representative before making an appointment at the tax office. For details, call the tax center at 687-3800.

OTS update

The officer training school officer selection board schedule has changed. The package submission for the April OTS/BOT board has moved from March 2 to Feb. 18 with suspense for the corrections moved up from March 22 to March 10. For more details, call Larry Broudrick at 687-2420.

Awards ceremony scheduled

The 509th Bomb Wing annual awards banquet begins at 5:30 p.m. Feb. 20 at Mission's End. Attire is mess dress or semi-formal for military, and coat and tie for civilians. The cost is \$15.95 for members and \$17.95 for nonmembers. See a first sergeant for more details or to register.

E-5 testing cycle begins

The next test cycle for senior airmen testing for staff sergeant begins in May. Senior airmen who are eligible but haven't received their study material yet can contact their commander's support staff to reschedule their test date. For more details, call Angela Moore at 687-1748.

Claims notice

Brig. Gen. Doug Raaberg, 509th Bomb Wing commander, regretfully announces the death of Senior Airman Robin Qualls, 509th Civil Engineer Squadron. Anyone having claims against or indebtedness to Airman Qualls' estate should call 2nd Lt. Adam Sterling, 509th CES summary courts officer, at 687-7172.

Commander's Corner

By Brig. Gen. Doug Raaberg

509th Bomb Wing Commander

A TRIBUTE TO THE TRUE DIAMOND FORMATION.

Have you often heard or wondered how our needy families get the "extra touch" during Thanksgiving with a cornucopia of food they normally couldn't afford? Perhaps you ought to take a look at the food pantry at the family support center. I wonder who put the effort into collecting the stock of goods as an "extra measure" when the paycheck doesn't cover subsistence expenses? It's the first sergeants ... no more, no less. I can't think of a more selfless corps of NCOs and SNCOs who toil and labor to help our people, especially the enlisted warriors. First shirts, or more informally shirts, don't garner the glory for their devotion ... they just get it done. They are a tight diamond formation demonstrating, in precision fashion, what teamwork is all about.

You ought to watch your shirt "take the controls" ... it's then you'll really see how they get people to fly higher and faster; not from behind, but right in front as a dia-



mond lead should.

We often hear, "If you need help, go to the first sergeant" or "Contact your shirt." Those simple directions tell you to go see the one who has the vector; the one who has the pulse on their people, their families and the mission. Now, that's powerful thrust!

Senior airmen [frankly, staff sergeants too]: remember the day you took the shirts on in volleyball at airman leadership school? Sure, you were cocky with the fury to finally beat these "old men and women" in the duel of the century. No one else could beat them. All of a sudden, they whoop you in a game that by age alone you ought to have stuffed them.

Ever thought why they clobbered you? The simple answer is teamwork — that's how they won. Look closer ... they did something that all first sergeants do better than anyone else ... your shirts demonstrated the core value of sticking to the basics. In this case, getting the ball over the net.

In reality, they were showing you that basic appearance, behavior, maintenance, and camaraderie still form the basis of a winning team. Candidly, they too return to the basic stuff we learned in basic military training. Of course, in the end we all thoroughly enjoy the lambasting they give each class at their ALS graduation when their shirt representative puffs that chest out and

exclaim that it was "cake" to beat you.

I, like many others, just smile knowing the ALS class witnessed the precision of the diamond formation ... you just got a dose of basic military training heaped on you.

Each of us ought to emulate the qualities of a first sergeant. However, leave it to a shirt to fine tune your "flying skills." That's why your squadron commander and chiefs value a good first shirt ... these selfless leaders provide basic military advice to their boss, supervisors and unit members. They keep the morale on an even keel and they expect our supervisors to keep their airmen in their crosscheck — at all times.

Laugh with me a little ... the best quality of a shirt is their ability to smile (maybe laugh) in peace and in war. That's right, they can laugh. It's in their psyche to be so serious about how well the squadron is doing that they finally catch a moment in their day to enjoy a chuckle on how good their folks really are. Next time, watch a diamond as they bear down full throttle on a squadron concern that may affect an individual or group. They'll immediately pull out of the "loop" with a roaring laugh on a mission accomplished. It's their nature. First sergeants ban together to solve problems, nurture the needy and instill success in their unit.

Who are they? They are the greatest formation in our Air Force. I want to personally



Photo by Airman 1st Class Joe Laccan

Senior Master Sgt. Mark Clark, 509th Civil Engineer Squadron first sergeant, speaks with Airmen 1st Class Anna Justus and Robinson Ferdinand, 509th CES.

thank, as you should too, our first sergeants for their extraordinary contribution to the mission ... Senior Master Sgts. Steph Page, 509th AMXS, Ken Raub, 509th SFS, Mark Clark, 509th CES, and James Horne, 372nd TRS, Master Sgts. Jim Delap, 509th MedGp, Johnny Benson, 509th CS, Brent Snyder, 509th SVS, Jerry Carr, 509th MSS, Tom Yerkey, 509th CONS, Sheila Moses, 509th LRS, Jim Veal, 509th MUNS, Brian McCandless, 509th MOS, Gary Bolton, 509th MXS, Henry Starks, 509th OSS, Bill Craven, 394th CTS, Jim Sales, 393rd BS, Harvey Catchings, 325th BS, Danette Nall, 509th CPTS, Jeff Folsom, 72nd TES, and John Vassallo, 509th BW, and Jeff Thompson, Det. 207, AFOSI ... they know how to take care of people. This is true diamond formation.

Keep' em; the job isn't done yet

By Maj. Michael Busch

509th Maintenance Squadron Commander

A few years ago, the Cold War ended and the Soviet Union collapsed. It seemed everyone in this world wanted to be free. It was even said we'd reached the end of history. Freedom triumphed and we vanquished our enemies.

However, we learned that wasn't the case. Let's think about our world and the Global War on Terrorism. The Sept. 11, 2001, victims were sons, daughters, brothers, sisters, mothers, fathers, friends and loved ones ... innocent people going about their daily lives. Many people attended memorial services, as I did, mourned the dead and prayed for our future.

Our nation changed forever that day. On live TV, it was clear that not everyone in our world wants what we want — freedom, liberty, peace and justice.

One hundred years ago, there were no powered airplanes except in dreamers' minds. Most believed manned flight was nothing more than a fantastic hope. In 1903, Orville Wright flew a biplane made of wood and cotton cloth off a sand dune at Kitty Hawk, N.C., 120 feet in 12 seconds.

As we reached the Cold War, we entered the jet age. Nuclear-loaded bombers and ballistic missiles helped us keep the Soviet Union contained until NATO nations and democracy won out. Americans once again proved they could live in a dangerous world, and preserve peace and freedom.

Today, there's a difference — we can't take decades to adapt. In this century, ability to adapt will be calculated in months, maybe days. Our generation has much less margin for error and our challenge is much greater.

Since Sept. 11, 2001, we face new enemies which live in



Photo by Senior Airman Shawn Clements

Staff Sgt. Christopher Conway, 509th Maintenance Squadron, shows Maj. Michael Busch, 509th MXS commander, the readings during a test cell run.

shadows and caves, as well as in our cities. They're capable of enormous destruction. Within a month of that fateful day, while at my son's football game, I received a call from my on-duty maintenance officer.

He said, "You'd better come in. We've got some training to do."

A few hours later, we launched the counterattack against the enemy. Our bombers flew over the icy Afghanistan mountains and sent precision weapons to the targets.

Less than four weeks after we were attacked, 38 aircraft

including our B-2s delivered firepower, which took 480 aircraft to deliver during the Gulf War just a decade before. Coalition forces stunned the Taliban and al Qaeda, and marked the beginning of the end for a regime, but the GWOT was far from over. We proved we can project power over great distances in not months, but days.

Those of you who are new to this fight entered the service with fresh perspectives. Use them. Question why. Be bold. When you see a process or a procedure that seems to stifle your ability to do more with less, or keeps your team from doing the mission, ask why.

The transformed Air Force of the 21st century is flexible in all ranks, whether the task is in a maintenance back shop or in a bomber. We have a program called Keep Enlisted Experience Program and it's up to leaders to keep our rising stars, our successors in our fight to keep us free. Today's talented folks could be pursuing opportunities in many walks of life, but to our benefit they've chosen to defend our country. What cause could be nobler than that?

A new era dawned Sept. 11, 2001, when Americans were struck by the heroism of rescue workers in New York and at the Pentagon. They, like those of you who chose to serve, didn't know when they were called to do their service would give their lives so much meaning and purpose, and America would support us so much for it.

By the way, my maintenance chief flew a flag on one of those sorties over Afghanistan. He presented it to his sister with a message that spoke few words but said in its own way. "Don't worry America, our job is to preserve freedom ... and we're good at it."

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The deadline for article submissions to the *Whiteman Spirit* is noon Friday. If a holiday falls on Friday, the deadline then becomes 4 p.m. Thursday. Articles will be published on a space-available basis. Submission doesn't guarantee publication.

For more information, call the *Whiteman Spirit* office at 687-6133, fax us at 687-7948, e-mail: whiteman.spirit@whiteman.af.mil or write to us at:

509th BW/PA, 509 Spirit Blvd. Ste. 111
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Photo by Airman 1st Class Joe Lacdan

Army Spc. Matthew Martin, checks an I.D. at the Spirit Gate. Specialist Martin is a volunteer for the 509th Security Forces Squadron and is a member of the Missouri Army National Guard's 110th Engineer Battalion from Lexington, Mo.

Soldiers leave Air Force gates

By Tech. Sgt. David Jablonski
Air Force Print News

WASHINGTON — A mix of airmen, civilians, contractors and new technology will replace Army National Guard military policemen now posted at Air Force bases.

The original agreement struck between the Air Force and the Army called for using the Guardsmen at base entry points for two years, enough time to find a solution to the Air Force security forces manpower shortfall, said Brig. Gen. James Shames, Air Force director of security forces.

But just one year into the plan, the Army faced increased requirements in 2003 to support Operation Iraqi Freedom. Their operations tempo didn't decline following the end of hostilities.

"We started with about 8,000 (ANG) soldiers but in the second year they will only be able to provide about 6,500 on a continuing basis," General Shames said. "We're going to fill that gap with volunteers from our Air Reserve

component, civilians and contractors."

The 509th Security Forces Squadron began using 110th Engineer Battalion members as augmentees here in January 2003. This month, because of the Army's increased requirements following OIF, those soldiers are no longer assigned here and the remaining Army augmentees are volunteers, said Chief Master Sgt. Donald MacMillan, 509th SFS security force manager. The 110th is an ANG unit from Lexington, Mo.

Due to deployments, the 509th SFS needed augmentees at installation entry control points and for perimeter and flight line security.

"(Having Army augmentees) has allowed us to continue with the level of security needed to protect people and base assets," Chief MacMillan said.

Options under consideration for longer-term solutions include converting manpower positions in overage career fields to security forces, and making other man-

See **SOLDIER**, Page 4



Photo by Airman 1st Class Joe Lacdan

The clinic uses tuberculosis skin tests to determine if a person has been exposed to the disease. If a skin test is positive, physicians prescribe treatment to prevent the person from developing tuberculosis and becoming contagious.

TB case treated, base protected

The 509th Medical Group identified and recently treated one active-duty member with pulmonary tuberculosis. After investigation of close contacts, a small number of others tested positive for TB exposure and are receiving treatment. The risk for disease to the general public is minimal.

TB is spread through the air, by close contact several hours a day with someone who has the disease. Symptoms of TB include a cough of longer than three weeks, unexplained weight loss, night sweats, chills, fever and coughing up blood, a 509th MedGp official said.

TB exposure is detected by a skin test. Most people who react to the skin test — a raised, hardened area around the injection — probably do not have active, contagious TB. It's important for a professional health care provider to evaluate test results, officials said. People with a positive skin test must take preventive medications for up to nine months to guarantee they don't develop active TB.

Active TB is treatable and curable. It may take several weeks of treatment to become noncontagious, and six to nine months of multiple medications to cure the disease, officials said.

If you believe you have cause for concern, call your primary care provider, the immunization clinic at 687-4304 or the public health office at 687-4307.

Tops in Blue performs Thursday

The Air Force's Tops in Blue offers a free night of family entertainment at 7 p.m. Thursday in the Mathewson Exhibition Center at the Missouri State Fair Grounds in Sedalia.

The 2003 edition of Tops in Blue, "Soaring With Eagles," is a medley of songs guaranteed to captivate audiences of all generations. Tops in Blue will put you "In The Mood" for an evening of celebrations as they revisit their favorite songs from the past five decades. The '60s and '70s come alive with oldies but goodies from the Supremes, Tina Turner's "Proud Mary" and the Village People's ever-popular "YMCA." Current hits from Gloria Estefan, MC Hammer, Boyz II Men, Ricky Martin and Marky Mark will energize the audience with all the "Good Vibrations" Tops in Blue has to offer.

"Tops in Blue is the Air Force's premier entertainment showcase," said Tom Edwards, show producer and chief

of Air Force Entertainment. "The 2003 team is a reflection of the 'best of the best' performers throughout the Air Force."

The Tops in Blue 2003 team will visit more than 120 locations and perform 150 shows in the United States and 22 foreign countries. The official Web site is <http://www.topsinblue.com> and it provides information about the 2003 touring schedule and how to join the team.

Sponsors for the tour include AT&T and First Command. A \$200 Army and Air Force Exchange Service gift certificate from First Command and 1,000 call-minutes will be awarded during the show. By attending the show, audiences also have the chance to win 10,000 call-minutes in two separate grand prize drawings awarded during the year. For more show details, call Connie Koch at 687-5617. (Courtesy of Tops in Blue)



Courtesy photo

Tops in Blue members perform a show.

FORCE, continued from Page 1

toral education and Education With Industry.

✓ Up to 12-month waiver of intermediate and senior developmental education commitments for officers.

✓ Possibility of ROTC commissioning directly into the Reserve or Guard.

✓ Aviator Continuation Pay, Uniformed Services University of the Health Sciences scholarships, and AFIT fellowship, scholarship, and grant commitments will not be waived.

According to officials, force shaping is designed to return the Air Force to its authorized uniformed population, or “end strength,” while shifting some airmen to fill positions in specialties that need more people of their rank.

The Air Force brought in thousands of people since the late ‘90s to build up to end strength, with limited consideration for the

skill mix, officials said. But more people came into the service and fewer than expected left, leaving the force with more people than are authorized to be on active duty.

To reduce the total number of active-duty people in uniform, the Air Force is continuing efforts like retraining people into careers where they are needed more, outsourcing jobs to private industry, and converting some jobs from military people to Air Force civilian workers.

However, these new force-shaping tools are being offered because still more needs to be done, officials said.

Details and career counseling are available from unit career assistance advisors at each base. People can also call the Air Force Contact Center at DSN 665-5000 or toll-free 800-616-3775 for more information.

SOLDIER, continued from Page 3

power changes within the security forces career field, General Shames said. Technological solutions will also be applied to situations where they are more efficient than posting a patrolman. Finally, as a stopgap measure, augmentees will continue to fill temporary shortages.

The most important security measure is making sure the entire Air Force team works together to keep Air Force installations and people safe, said General Shames.

“Security forces can’t do it alone; everybody has to be involved,” the general said. As the Air Force chief of staff and others have said, ‘Every airman is a sensor,’” General Shames said.

That’s what we need to do. I see information every day where airmen, civil servants or contractors have called us to say, ‘Something looks wrong here, can you check it out?’ In some cases, individuals have been uncovered who we did need to check out.”

Besides bolstering manpower, security forces planners will incorporate technology to reduce the burden on people and increase efficiency, General Shames said. Some examples are explosive-detection equipment, long-range detection and assessment systems, and automated identification checks at base gates.

“Instead of having a human assigned to a patrol, we’ll use systems where we can see areas farther out than a person can, run the information back to a central location and respond as needed,” General Shames said. “We’ll also use automated identification credentialing systems that will check people coming on base faster than an individual stopping a car and looking at an (ID card). It will compare the ID to an electronic database in a matter of a second or two and let the person or car proceed. If the credential doesn’t check out, a barrier drops.

(Airman 1st Class Joe Lacdan, 509th Bomb Wing contributed to this report)

Check out the news online at <http://www.whiteman.af.mil/news.htm>

Wing honors 83 promotees

The 509th Bomb Wing recognized 83 people at the promotion ceremony Monday. They are:

Airmen **Joseph Costa**, 509th Communications Squadron, **Nathan Hedrick**, 509th Maintenance Operations Squadron, **Jennie Lee**, 509th Civil Engineer Squadron, **Matthew Ostberg**, 509th CS, and **Veronica Whitlock**, 509th CS.

Airmen 1st Class **Marsciano Arnau**, 509th Munitions Squadron, **Ashley Barber**, 509th Medical Operations Squadron, **Creighton Chilcote**, 509th CS, **Tyler Duncan**, 509th MUNS, **Derrick Engle**, 509th CES, **Orrette Flowers**, 509th MDOS, **Corey Hendershot**, 509th Logistics Readiness Squadron, **Jennifer Hockhalter**, 509th MDOS, **Felicia Hollins**, 509th Operations Support Squadron, **Travis Hughes**, 509th Aircraft Maintenance Squadron, **Paris Jackson**, 509th AMXS, **Ebonee Lane**, 509th Service Squadron, **Manuel Marrero**, 509th Medical Support Squadron, **Isai Meza-Villacorta**, 509th LRS, **Christopher Montgomery**, 509th CES, **Linsay Nied**, 325th Bomb Squadron, **Joseph Pagano**, 509th MXS, **Timothy Pollard**, 509th MUNS, **Zachary Rogers**, 509th Security Forces Squadron, **Trevor Sansom**, 509th CES, and **Brandon Williams**, 509th MXS.

Senior Airmen **Michael Badilla**, 509th MXS, **Jonathan Barfield**, 509th AMXS, **Joel Blum** 509th OSS, **Hardford Carre**, 509th LRS, **Samuel Cruz**, 509th SFS, **Graham Durrall**, 509th AMXS, **Brandon Dyer**, 509th CS, **Anthony Evans**, 509th MXS, **Justin Evans**, 509th AMXS, **Anthony Farruggia**, 509th MXS, **Kevin Harris**, 509th Comptroller Squadron,

Joshua Jones, 509th SFS, **Alipate Leone**, 509th MXS, **Joshua Lyons**, 509th SFS, **Andrew Martin**, 509th AMXS, **Joshua Miner**, **Christina Penter**, **William Pleasants**, **James Roberson**, 509th SFS, **Rony Roger**, 509th LRS, **Nyentue Seekie**, 509th AMXS, **Steven Simpson**, **Angela Smith**, 509th MUNS, **Travis Smith**, 509th MXS, **Steven Taylor**, 509th SFS, **Carlos Villalobos**, 509th AMXS and **Alexander Young**, 509th OSS.

Staff Sgts. **Benjamin Barker**, **Joshua Buck**, **Kristy Crespo**, 509th OSS, **Robert Fekete**, 509th MXS, **Ryan Goodson**, **Keian Holt**, 509th CES, **Jason Homeyer**, 509th AMXS, **Kevin Jacovino**, 509th SFS, **Jeremy Parsons**, 325th BS, **Travis Patterson**, 509th SFS, **Michael Porter**, 72nd Test and Evaluation Squadron, **Jared Struck**, 509th AMXS, and **Justin Thompson**, **Raymond White** and **Andrew Wojciuch**, 509th MXS.

Tech Sgts. Lawrence Billings, 509th MDOS, **Kristopher Krug**, 509th CS, **Michael Radenheimer**, 509th AMXS, **Glen Simons**, 509th CES, **Jeffrey Thomas**, 509th SVS, and **Paul Treece**, 509th MXS.

Master Sgts. Terry Blanslet, Air Force Element Command and General Staff College, Ft. Leavenworth, Kan., **Joseph Eccleton**, 509th MXS, **Andre Hunt**, **Darren McCrory**, 509th AMXS, **Daniel McKnight**, 509th MXS, **Jon Summerbell**, 509th Maintenance Group, and **Gregory Tesch**, 509th CES.

Senior Master Sgt. Daniel Sherwood, 509th Mission Support Squadron.

Chief Master Sgt. Billy Sheridan, 509th OSS.

Army-Air Force Hometown News

Did you know you can fill out a Department of Defense Form 2266, Hometown News Release, for a variety of accomplishments? For more details, call Staff Sgt. Francesca Popp at 687-6130.

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Photo by Senior Airman Shawn Clements

Master Sgt. Sheila Moses, 509th Logistics Readiness Squadron first sergeant, reads a copy of *Services Connection*.

1st Sergeant's View

(Editor's note: The 1st Sergeant's View gives Whiteman first sergeants a chance to remind people of correct uniform wear, customs and courtesies, and proper military decorum. Each week, a different first sergeant will share their view.)

By Master Sgt. Sheila Moses

509th Logistics Readiness Squadron First Sergeant

I'm sure you've heard the saying, "Every assignment is what you make of it." What are you making of your assignment here?

We're nestled in the small town of Knob Noster, but there really is a lot to do and many opportunities wait. Pick up a copy of the *Services Connection* and you'll see what I mean. There are sporting events, snow skiing, wall climbing, Valentine's events, etc. If you'd like to get a copy of the *Services Connection* at home, you only need to e-mail your name and address to marketing@whiteman.af.mil.

So, what else is there to do at Whiteman?

How about volunteering your time to make a difference in someone's life? Volunteering at local veterans homes or youth homes are two great things that come to mind. You can also mentor youths at our local schools. What's great about it is you're making a difference for someone else, and putting yourself ahead of your peers when it comes to recognition programs and awards.

Watch your e-mail, too. First sergeants forward information about events and people looking for help.

Taking time to look out for yourself is important, too. Fitness tests have begun. Are you ready? Working out regularly will make you feel better, look better and the fitness tests will be no problem.

Don't forget to work out your brain, too. Whiteman is a great place to start or continue your education. The base education center can give you the information you need.

With so much to do how could a person get bored? Get out today and make this your best assignment ever.

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Think safety

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Whiteman Spirit Award



Tiffany Driskill
509th Mission Support Group

Tiffany Driskill, 509th Mission Support Group, received the Whiteman Spirit Award from Brig. Gen. Doug Raaberg, 509th Bomb Wing commander, Monday. Col. Gary Finchum, 509th MSG commander, nominated Driskill for the award because she ensured the wing received additional funding to support the Global War on Terrorism. Mrs. Driskill manages funding that represents 45 percent of the wing’s expenditures, Colonel Finchum said. “She provided group and squadron commanders timely and accurate budget-level detail and advice on funding,” Colonel Finchum said. “This enabled leaders to make more informed funding decisions.” Mrs. Driskill secured \$6.4 million to support antiterrorism force protection projects here, Colonel Finchum said. Her efforts directly impacted quality of life and maintenance issues.

Personally Speaking

Duty title: Resource adviser
Time on station: 7 years
Time in service: 7 years
Hometown: Chilhowee, Mo.
Spouse: Brad
Children: Taylor, 3, and Ethan, 3 months
Hobbies: Exercising and reading.
Goals: Be successful in balancing work at the group as resource adviser, and home life as wife and mother — feel that I have done my best as both each day.
Best thing about Whiteman: The great people and attitudes I work with every day.
Pet peeves: People who pass on problems without trying to find solutions first.
What motivates your winning spirit? My family and co-workers.
If you could change one thing at Whiteman, what would it be? Move its location to a warmer region of the United States.



Civilian Employee of the Week

Lucy Clark, 509th Civil Engineer Squadron, was nominated by Holli Carr, 509th CES funds manager. As the military family housing and environmental resource adviser, Mrs. Clark manages and provides oversight action on these funds. She has worked in 509th CES since 1995, and worked in civil service 35 years. “We want her to know we appreciate all her hard work and dedication,” Mrs. Carr said.

elpline gives airmen vital information

By Master Sgt. Eddie Riley
Air Force Print News

WASHINGTON — The Air Force recently expanded efforts to take care of its own with the 24-hour-a-day “Air Force One Source” live helpline for airmen and their families. The “beyond-the-gate” support and referral service is intended to help address personal and family support needs for active-duty airmen, reservists and Guardsmen. Some airmen are not always near agencies that offer support with child care, finances, legal matters, deployment and other related issues. Certified counselors are available year-round to answer questions, provide information or guide airmen and their family members to the appropriate resources. The intent is to ensure airmen and their families have the resources they need, said Linda Smith, chief of Air Force Family Matters at the Pentagon. “Air Force One Source will give them access to support at all times by telephone, the Internet and e-mail,” Ms. Smith said. Most base family support resources are only staffed to help the 20 percent of the population who typically require

assistance at a given time, Ms. Smith said. The Air Force One Source staff will provide access to these kinds of resources to those serving remotely, while augmenting the traditional on-base services, she said. The Air Force One Source staff, contracted through Titan/Ceridian Corp., has nearly 30 years of experience handling geographically dispersed employee calls from Fortune 100 companies. Counselors with licensed clinical social work and employee-assistance certifications, as well as advanced counseling degrees, will respond to Air Force One Source users. “All (airmen and their families) with an (identification) card can use (the helpline) to get help with a range of concerns,” Ms. Smith said. Some concerns that may be addressed include making plans to deploy or coming home from a deployment, resolving personal problems, or coping with challenges that come up during the course of a day, she said. Air Force One Source is available anytime by phone in the United States at 800-707-5784, internationally at 800-707-7844, internationally collect at 484-530-5913 or at <http://www.airforceonesource.com>. The Web site requires



Photo by Airman 1st Class Joe Laddan

Airman 1st Class William Kammerer, 509th Civil Engineer Squadron, calls the Air Force helpline. customers to log on by using “airforce” as the user ID and “ready” as the password.

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Space available

The base marquee at the Spirit Gate is available for messages. To schedule a message, call Senior Airman Kristeena Gonzalez at 687-6123 or e-mail 509bwpa@whiteman.af.mil. Be sure to include the date and time you want the message to be posted. Use these boxes to determine the length of your message per screen:

Seal out dental decay

By Capt. (Dr.) Chad Heath
509th Medical Group

February is National Children’s Dental Health Month which focuses on dental prevention. There are many aspects of dental prevention, but let’s focus on dental sealants. Children and young adults usually benefit most from using sealants, which seal out tooth decay.

Dental sealants are thin, plastic coatings painted on the chewing surfaces of the back teeth. The procedure for each tooth doesn’t take long to perform and is painless. After application, the sealant rapidly hardens to form a shield over the grooves of the tooth. Sealants have been around since the late ‘60s. However, fewer than 20 percent of children in the United States have sealants.

Children should get sealants placed on their permanent molars soon after they come into the mouth, before decay attacks the teeth. The first permanent molars, come in between 5 and 7 years old. The second permanent molars are in place between 11 and 14 years old. Premolars, the two teeth right in front of the molars, may also need sealant. Sometimes, sealants may be recommended for baby teeth, especially if a child’s baby, or primary teeth, have deep pits and grooves. Primary teeth play an important role in holding the correct spacing for permanent teeth.

Sealants can last 10 or more years, but they must be inspected at each dental check-up to ensure they haven’t chipped or worn away. Sealants prevent cavities and are less expensive than fillings. Parents can prevent their child from having more extensive treatment later in life by placing sealants on healthy teeth now.

While sealants protect the chewing surfaces of teeth, fluoride is most effective in reducing decay on the smooth surfaces of teeth. Using a toothpaste with fluoride and



Photo by Senior Airman Shawn Clements

Staff Sgt. Heather Yacobozzi, 509th Medical Operations Squadron, cleans Tech. Sgt. Keith Johnson’s, 509th Services Squadron, teeth.

drinking fluoridated water are ways to get fluoride protection. If water isn’t fluoridated, a dentist can prescribe fluoride in a gel, mouth rinse or tablet form.

Sealants and fluoride, together with good brushing, flossing and dietary habits, can greatly reduce the chances of a child getting tooth decay. Dental prevention is key to keeping teeth healthy so that they’ll last a lifetime!

This space is reserved for advertisements



Envision assistant manager Linda Carter, helps Airman 1st Class Adam Grady, 509th Aircraft Maintenance Squadron, collect his first-issue winter gear. The store supplies equipment such as combat boots, desert camouflage uniforms, insulated gloves, gortex jackets, field jackets and canteens.

Opportunity in sight

Envision store serves Whiteman members, provides jobs for visually impaired



Ed Lea stocks desert camouflage uniform trousers. Envision is the sole supplier of DCUs.

Story and photos by Airman 1st Class Joe Lacdan
Public Affairs

Each time Whiteman's supply store, Envision, sells an item, it gives someone a chance. The shop enables a visually impaired person to become a member of the working force.

Envision, located on Arnold Avenue, between Second and Fifth streets, provides job opportunities and rehabilitation services to people who are blind or visually impaired. The store operates under guidelines provided by the 509th Contracting Squadron, the National Industries for the Blind and the Javits-Wagner-O'Day Act.

But that's not the store's only function. The store, which is based out of Wichita, Kan., serves as Whiteman's individual equipment and base service store, providing office equipment and safety gear.

"It's kind of like a one-stop shop," said assistant manager Linda Carter.

The store is Whiteman's sole supplier of desert gear, cold-weather gear, safety gear and initial clothing issue. Mrs. Carter said its frequent customers are people who often work outdoors. This includes members from the 509th Aircraft Maintenance, the 509th Maintenance, the 509th Munitions, the 509th Civil Engineer, and the 509th Security Forces squadrons.

Of Envision's six employees, only one is visually impaired — Terry Thompson. Ms. Thompson has worked as a service clerk at the store for five years. She is legally blind. Thompson said she found it difficult to find work because she's visually impaired. But she said working at the store has changed that.

"(The Envision staff members) are always willing to help me and they're patient with me," Ms. Thompson said. "(Working at Envision has) given me self esteem to wake up every morning, because I have a job to come to. It's like I have a whole new life now."

The other function of the store is providing office and cleaning supplies. This includes binders, staplers, folders, pens, paper clips, clocks and CD cases.

Among the desert camouflage uniform items are coats, Gortex jackets and boots. The store also has helmet covers, web belts and rank patches.

The store keeps cleaning materials in stock such as floor waxes, laundry detergent air refresher and mops.

Envision also recycles toner cartridges. Envision then receives a check for the recyclables and donates the money to the base's recycling program.

Envision uses six people to perform the duties once performed by 13 military members, saving the Air Force manpower and money, Mrs. Carter said. Envision has been the contractor since purchasing the store in 2001.



Envision clerk Brenda Atteberry speaks to 2nd Lts. James McCue and Jarred Parks about a pilot survival knife. Envision offers necessary equipment to Whiteman members and also functions as the base's service store for office cleaning supplies. The shop has six employees and its main office is in Wichita, Kan. Lieutenant McCue is a member of the 325th Bomb Squadron and Lieutenant Parks is a member of the 393rd Bomb Squadron.



Terry Thompson, who is legally blind, folds a gortex jacket at the cash register during a purchase. Envision is a non-profit organization that provides job opportunities for the visually impaired. Ms. Thompson has worked as a service clerk at the store for five years. The facility has more than \$90,000 worth of desert gear, including slacks, caps and blouses.



Airmen 1st Class Richard Maurer and Chad Blackwell try on steel boots. Airman Maurer and Airman Blackwell, 325th Aircraft Maintenance Unit, recently arrived here and received their first issue of cold weather gear.



Envision manager Jim Lea stocks air refresher. The Envision store, located on Arnold Avenue, between Second and Fifth streets, provides such cleaning materials as hand soap, all-purpose cleaners and mops.

This space is reserved for advertisements

What's happening

Education

For more details, visit <https://www.mil.whiteman.af.mil/509mss/educ/homepage.htm> or call 687-5750.

Commissioning briefing set

A commissioning briefing begins at 1:30 p.m. March 11 at the education center. This briefing is open to enlisted members seeking commission in the Air Force. Call for more details.

CLEP testing available as an alternative

If attending classes conflicts with work schedules, temporary duty assignments and deployments, the Community College of the Air Force accepts up to 30 hours of College-Level Examination Program testing toward the 64 required for the associate of applied science degree program. The base training and education services center has study guides to help you prepare for these tests. Call for more details or to have your academic records reviewed by a counselor.

ACSC seminar recruitment set

The Air Command and Staff College is recruiting students for its nonresident seminar. Applicants must be a major or a major select. The suggested length of the seminar is 10 and a half months with weekly three-hour meetings. For more details, log onto <http://www.au.af.mil/au/afiadl> or <https://acscdl.maxwell.af.mil>. For more details, call Larry Broudrick at 687-2420.

Scholarships available

Dependent children of military members can apply for the 2004 Scholarships for Military Children Program now through Feb. 18. Applications are available online at <http://militaryscholar.org>. Applications are also at the Whiteman commissary. For more details, call Carol Lakey, at 660- 687-5648.

Community

WOSC sponsors art auction

The Whiteman Officers Spouses Club sponsors a fine art auction Feb. 27 at Mission's End. The preview party begins at 6 p.m. and the auction begins at 7 p.m. The proceeds will benefit scholarships and charities. To R.S.V.P., call Rachelle Sanchez at 563-3905 or Angelle Tibbets at 563-3095.

Heritage council luncheon set

This year's African-American History Month theme is "Brown. vs. Board of Education of Topeka, Kan."

The Heritage Council celebrates this theme with a luncheon at 11 a.m. Feb. 26 at Mission's End. Speaker is Col. Ronnie Hawkins, director of communications operations, office of the deputy chief of staff for installations and logistics. The cost is \$9.95 for members and \$11.95 for nonmembers. The meal is catfish and chicken, collard greens, black-eyed peas and corn bread. Tickets are available from Master Sgts. Pierre Charles at 687-3030, Mark Carter at 687-5760 and Exzetta Guyton at 687-6190, Tech. Annette Keyes at 687-6809, Staff Sgt. Tawana at 687-6376, and Airman 1st Class Damon Sampson at 687-2231.

The Heritage Council's expose takes place noon-4 p.m. Feb. 28 at the community center. The expose expresses the various contributions of African-Americans through

plays, singing, miming, food and more. For more details, call Sergeant Carter at 687-5760.

ALS sets class 04-B events

✓ The airman leadership school class 04-B retreat ceremony begins at 4 p.m. today at the flagpole at Bldg. 509. Participants must be in place by 3:45 p.m.

✓ Reveille begins at 7:30 a.m. Tuesday at the ALS drill pad. Arrival time is 7:25 a.m.

✓ Graduation begins at 5:30 p.m. Tuesday at Mission's End. The speaker is Senior Master Sgt. Mark Clark, 509th Civil Engineer Squadron first sergeant. The meal is London broil with roasted potatoes, vegetables and peanut butter pie.

The cost is \$14.75 for members and \$16.75 for nonmembers. Attire is mess dress or semi-formal for military members, and coat and tie for civilians. Tickets are available from class 04-B members.

Baggage allowance changes

To eliminate displacement of passengers, new luggage limits have been placed for deploying military members.

Members can have five total checked baggage items not exceeding 70 pounds per item and one cased weapon. If an item exceeds 70 pounds, it will be counted as two items. Items more than 100 pounds are prohibited. The total baggage weight limit is 350 pounds. Carry-on bags must not exceed 45 linear inches.

Pararescue members, firefighters, explosive ordinance disposal and special operations members are authorized an additional three pieces of baggage for professional gear. The total weight limit for baggage of those members is 560 pounds. Airport gateways will reject movement if members have luggage exceeding these limits. Gateways aren't responsible for the storage of rejected bags. For more details, call the military personnel flight personnel readiness unit at 687-6422.

Retiree office seeks volunteers

The Whiteman Retiree Activity Office needs volunteers to help cover mission requirements. Part time and full-time shifts are available between 9 a.m. and 3 p.m. daily. For more details, call 687-6457.

Family Support

Call 687-7132 for details on these events or other family support center activities. Events take place at the FSC.

Pre-retirement briefing set

A transition assistance program for people retiring from the military begins at 9 a.m. Monday. The military personnel flight separations and retirements office schedules members for this briefing.

FSC offers financial refresher

A financial briefing for senior airmen and below not attending the First-Term Airmen Center begins at 1 p.m. Monday. Reservations are required.

Special needs meeting set

A forum for parents and teachers of special needs children begins at 6:30 p.m. Thursday in the Whiteman Elementary School library. Participants will learn about the support and community services available. Free child care will be provided. For more details, call Jeannette Bachmann at 563-3303 to R.S.V.P for child care.

Ceremony recognizes teen accomplishments

The 509th Bomb Wing honored 41 teens at a recognition ceremony Jan. 27 at Mission's End.

The event honored those who excelled in their community and serve as positive role models among their peers, said Brig. Gen. Doug Raaberg, 509th BW commander.

Youth of the Year

The Youth of the Year program is a joint Air Force and Boys and Girls Clubs of American program that encourages youth ages 14-18 to develop healthy attitudes toward life, build positive self-concept, and strengthen their writing and speaking skills. Youths receiving this honor have demonstrated initiative and leadership in home, family, community, school, moral values, service to club and life goals. Upon selection as Youth of the Year at base level, selectees compete at Air Combat Command.

The Whiteman and Air Combat Command Youth of the Year is Corey Wielert. His parents are retired Master Sgt. James and Theresa Wielert. He attended the 2002 Youth of the Year Award ceremony in Washington, D.C., where he was presented his award before members of the Pentagon.

Youth of the Month

The Youth of the Month program recognizes youth that excelled in their support and service to the teen center, school and community. These youth were selected through a peer nomination and staff validation process. Their involvement in this program signifies a commitment to others and hours of hard work.

The winners are:

Josh Carr, son of Staff Sgt. Cary and Yun Cook.

Corey Wielert, son of retired Master Sgt. James and Theresa Wiehlert.

Danielle Ware, daughter of Tech. Sgt. Don and Robin Ware.

Trae Anderson, son of Tech. Sgt. Teddy and Angela Anderson.

Joshua Bartholomew, son of Maj. Bruce and Christine Bartholomew.

Sheila Fulton, daughter of Master Sgt. Calvin Fulton.

Alyse Dannenberg, daughter of Master Sgt. Eric and Elicia Dannenberg.

YES Certificates

The Youth Employment Skills program is a volunteer program for high school students. This program is a collaborative

program between the Air Force Aid Society and Air Force Services to offer high school students an opportunity to learn valuable work skills while earning up to \$1,000 in scholarship funds for college. In addition to gaining life skills, the youth program receives funds through community credits to spend on teen programs.

These youth were recognized for their volunteer service in the YES program.

Chris Adams volunteered 185.5 hours as a clerical assistant in the legal claims office. His parents are Lt. Col. Bruce and Denise Adams.

Natasha Barnett volunteered 91 hours as a radiology technician in the radiology department at the 509th Medical Group. Her parents are Tech. Sgt. Charles and Laura Barnett.

Joshua Bartholomew volunteered 78 hours as a librarian aid at the base library. His parents are Maj. Bruce and Christine Bartholomew.

Chris Buck volunteered 219 hours as a supply clerk for the 509th Security Forces Squadron. His parents are Chief Master Sgt. Arthur and Vinai Buck.

Carolyn Cleveland volunteered 84 hours as a physical therapy assistant in the 509th MedGp. Her parents are Master Sgt. Mark and Sharon Cleveland.

Alyse Dannenberg volunteered 115 hours as a custodial worker at the Whiteman Inn. Her parents are Master Sgt. Erick and Elicia Dannenberg.

Daniel Darlington volunteered 52 hours as a youth sports program aide at the youth center. His parents are Chaplain (Lt. Col.) Keith and Debra Darlington.

Derise Darlington volunteered 60 hours as a physical therapy assistant in the 509th MedGp. Her parents are Chaplain (Lt. Col.) Keith and Debra Darlington.

Sarah Dempsey volunteered 92 hours as a child care assistant at the child development center. Sarah's parents are Master Sgt. Robert and Donna Dempsey.

Stephanie Fowler volunteered 85 hours as a child care assistant at the CDC. Stephanie's parents are Senior Master Sgt. William and Murica Fowler.

Caleb Grella volunteered 64 hours as a summer camp aid at the youth center. Caleb's parents are Tech. Sgt. Roy and Patty Grella.

Isaac Grella volunteered 24 hours as a food service assistant at the youth center. Isaac's parents are Tech. Sgt. Roy and Patty Grella.

Dawn Hardy volunteered 102 hours as a physical therapy assistant in the 509th MedGp. Her parents are Master Sgt. John

and Michelle Hardy.

Josh Jones volunteered 97 hours as a recreation assistant at the community center. Josh's parents are Tech. Sgt. Michael and Betty Jones.

Christen Morton volunteered 110 hours as an administrative assistant at the youth center. Her parents are Tech. Sgt. Carl and Connie Morton.

Brittany Ott volunteered 35.25 hours as an Airman's Attic assistant at the family support center. Her parents are Senior Master Sgt. Kurtis and Janine Ott.

Stephanie Palomo volunteered 119 hours as a recreation assistant at outdoor recreation. Her parents are Master Sgt. Javier and Wendy Palomo.

Christina Riley volunteered 61 hours as a child care assistant at the CDC. Her parents are Master Sgt. Christopher and Jenell Riley.

Robert Roe volunteered 90 hours as an administrative assistant for family childcare and at the FSC. Robert's parents are Tech. Sgt. Mark and Marilyn Roe.

Amanda Sanders volunteered 24 hours as an auto mechanic assistant at the auto skills center.

Jessica Sellers volunteered 10 hours as a child care assistant at the CDC. Her parents are Tech. Sgt. Randy and Patty Sellers.

Brandon Wielert volunteered 24 hours as a childcare assistant at the CDC. His parents are retired Master Sgt. James and Teresa Wielert.

Sharlene Witt volunteered 132 hours as a naturalist assistant for the 509th Civil Engineer Squadron. Her parents are Master Sgt. Paul and Josei Witt.

Stephanie Zuvich volunteered 107 hours as a training and resource assistant for the 509th SFS. Her parents are Senior Master Nicholas and Debbie Zuvich.

Volunteens

Volunteens, while making a major impact on Whiteman, are unable to receive scholarship money for their hours of volunteering. These teens volunteered more than 570 hours. This is just another example of how young teens influenced and impacted Whiteman.

Kirstin Aubele volunteered 144 hours as an expeditionary medical support aid at the 509th MedGp. Her parents are retired Maj. James and Alice Aubele.

See AWARD, Page 18

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Photo by Airman 1st Class Joe Lacdan

Airman 1st Class Nathalie Kolecki, 509th Medical Group, talks to Master Sgt. Matt Calbreath, 509th Bomb Wing, about Tricare forms.

Tricare Standard allows civilian care

WASHINGTON (AFPN) — People covered by the Tricare Standard military health care plan no longer need approval from their military treatment facility to seek inpatient care at civilian hospitals.

The need to get a nonavailability statement before seeking civilian inpatient care expired Dec. 28 under a provision of the 2002 National Defense Authorization Act. A nonavailability statement indicates that care isn't available from the military facility and authorizes care at a civilian facility.

An exception in the law continues the requirement for Tricare Standard beneficiaries to get a nonavailability statement before seeking nonemergency inpatient mental health care services. However, officials said, this applies only to beneficiaries who use Tricare Standard or Extra, who aren't Medicare eligible, and who have no other health insurance that is primary to Tricare. Department of Defense officials don't require preauthorization for Tricare beneficiary inpatient mental health care when Medicare is the primary payer.

"With this change in policy, beneficiaries now have the freedom to choose a military treatment facility or a civilian facility, without any extra paperwork," said Dr. William Winkenwerder Jr., assistant secretary of defense for health affairs. "However, I urge Tricare beneficiaries to still look to the military health system as their first choice for health care because I believe the services we offer are second to none."

A military treatment facility may request a departmental waiver of the new policy in certain specific, but limited, circumstances. But those requests don't apply to maternity services, unless the affected beneficiary began her first prenatal visit before Dec. 28, officials said.

Any military treatment facility granted a waiver must publish a notice in the Federal Register that a nonavailability statement is required for a certain procedure. Officials at the treatment facility, the services and the Tricare Management Activity will notify the affected beneficiaries if this occurs, officials said. Maternity patients should check with their local military treatment facility to compare maternity services there with those available in civilian facilities, said military health system officials.

A recently implemented "Family Centered Care" program offers enhanced services and recognizes the unique needs of military families in today's climate of increasing deployments and high operations tempo, officials said. Beneficiaries can review the enhanced military treatment facility maternity services online and with their military medical care provider.

Beneficiaries can check the Tricare Web site at www.tricare.osd.mil if they are seeking an inpatient service and want to know if their nearby military treatment facility applied for a nonavailability statement waiver. They also may contact the beneficiary counseling and assistance coordinator or health benefits adviser at their nearest treatment facility, officials said.

Before seeking care at a civilian facility, military health system officials urge beneficiaries to check with their nearby military treatment facility to compare services and ask questions. Even if the facility could not provide the needed services in the past, the facility's staffing levels or capabilities may have changed, and might now be available, officials said.

Menus

Knob Noster Elementary School		Whiteman Elementary School	
Monday:	Rib sandwich, green beans, raisins and cake	Monday:	Chili, nachos with cheese, fruit and cake
Tuesday:	Goulash, vegetable, orange and cookie	Tuesday:	Sloppy joe, potato wedges, salad and fruit
Wednesday:	Pork patty, mashed potatoes, carrot sticks, fruit chew and roll	Wednesday:	Chicken-fried steak, mashed potatoes with gravy, green beans, fruit and roll
Thursday:	Cheeseburger, baked beans, peaches and brownie	Thursday:	Taco, beans, fruit and brownie
Friday:	Fish sandwich, corn, salad and apple	Friday:	Chicken patty, salad, corn and cake

Chapel Corner

Catholic
Mass — 5 p.m. Saturdays; 10:45 a.m. Sundays; and 11:30 a.m. weekdays
Confessions — 4:30 p.m. Saturdays and upon request
CCD — 9 a.m. Sundays

Protestant
General worship — 9 a.m. Sundays
Gospel — 12:45 p.m. Sundays
Communion — 8:45 a.m. Sundays
Sunday School — 10:45 a.m. Sundays

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AWARD, continued from Page 15

Andrew Mitchell volunteered 286 hours as a pass and registration clerk for the 509th SFS. Andrew’s parents are James and Anna Mitchell.

Lori Mitchell volunteered 254 hours as an FSC clerk and at Airman’s Attic. Lori’s parents are James and Anna Mitchell.

Mary Stasiak volunteered 64 hours as a library assistant at the base library. Her parents are retired Master Sgt. James and Georgina Stasiak.

Bethany Wicker volunteered 14 hours as a library assistant at the base library. Her father is James Wicker.

Presidential freedom scholarship

In partnership with the Boys and Girls Clubs of America, the \$1,000 Presidential Freedom Scholarship promotes service and citizenship, and recognizes youth for their leadership in those areas. The scholarship requires youth to volunteer at least 100 hours. The winners are:

Zach Grella, son of Staff Sgt. Roy and Patricia Grella.

Laura Land, daughter of Col. Scott and Tanya Land.

Teen Aviation camp

Two base teens attended the Teen Aviation Camp, which was conducted by the U.S. Air Force Academy and Air Force Services. Teen Aviation Camp gives teens a first-hand look into what life is like at the academy. It also gives teens a chance to gain insight into the military environment.

Of the 125 applicants, two were chosen. They are:

Chris Buck, son of Chief Master Sgt. Arthur and Vinai Buck.

Kirstin Aubele, daughter of Maj. James and Alice Aubele.

Congressional Award Program

Samantha Wielert recently earned her bronze certificate by reaching goals such as studying local Missouri rocks, running a 10-minute mile, improving her set in volleyball and volunteering at her school’s concession stand. Samantha’s parents are retired Master Sgt. James and Teresa Wielert.

Brandon Wielert earned his gold certificate by lowering his body fat percentage by 5 percent, becoming a better wrestler and volunteering at the Special Olympics. His parents are retired Master Sgt. James and Teresa Wielert.

Cory Wielert was recognized for earning his bronze, silver and gold certificates. He earned his bronze medal by tutoring fellow band members, placing in the top five at the Distributive Education Clubs of America state-level competition, developing his baseball and weightlifting skills and planning a two-day canoe trip. His silver medal package is under review and he’s working on his gold medal. His parents are retired Master Sgt. James and Teresa Wielert.

Chris Buck met his requirements for his bronze, silver and gold certificates. His parents are Chief Master Sgt. Arthur and Vinai Buck.

Space Camp

Space stimulates an interest in math, science and technology. The camp takes place at the U.S. Space and Rocket Center in Huntsville, Ala.

Of the 18 scholarships awarded, two were from Whiteman. They are:

Alyse Dannenberg, daughter of Master Sgt. Eric and Elicia Dannenberg.

Joshua Bartholomew, son of Maj. Bruce and Christine Bartholomew.

Deadline for children’s scholarship approaching

Applications for the Scholarships for Military Children are due at the commissary by 6 p.m. Feb. 18. At least one of the \$1,500 scholarship will be awarded at each commissary nationwide.

The application can be downloaded through a link on the front page of <http://www.commissaries.com> or downloaded directly from <http://www.militaryscholar.org> and filled out by hand or on the computer. Copies of the application are also available at commissaries worldwide. Students who are not hand-delivering applications are advised to use a delivery method that supplies a return receipt.

After March 29, applicants may visit <http://www.militaryscholar.org> and click on the “Verification of Receipt” section. Scholarship managers will respond to “Verification of Receipt” e-mails until June 15.

The scholarship program is open to unmarried children under the age of 21 (23 if enrolled in school) of active-duty personnel, Reserve, Guard and retired military. Eligibility will be determined using the Defense Enrollment Eligibility Reporting System database. Applicants should ensure that they, as well as their sponsor, are currently enrolled in the DEERS database and have a current ID card.

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SPORTS

Basketball standings

Intramurals

<u>Team</u>	<u>Wins</u>	<u>Losses</u>
SFS	17	2
AMXS 1	13	6
MXS	13	6
MUNS	13	6
CS	13	7
CES	10	9
OSS	7	12
CPTS	7	13
CES/FD	6	13
AMXS 2	4	14
LRS	3	17

Over 30

<u>Team</u>	<u>Wins</u>	<u>Losses</u>
442nd FW	8	0
FLYERS	8	1
OSS	7	2
BW/MSS/NAVY	5	4
CES	3	6
MUNS	2	6
LRS	4	5
MDG	3	6
SFS	2	7
SVS	2	7

Bowling standings

<u>Team</u>	<u>Wins</u>	<u>Losses</u>
CES A	108	52
MXS A	104	56
MUNS	100	60
MOD	94	66
MDG	93	67
MOS	94	66
72nd TES	88	72
MXS B	86	74
SVS	86	74
SFS	86	74
MSS/BW	84	76
AMXS	76	84
CPTS	69	91
LRS	73	87
CES B	61	99
CES C	56	104

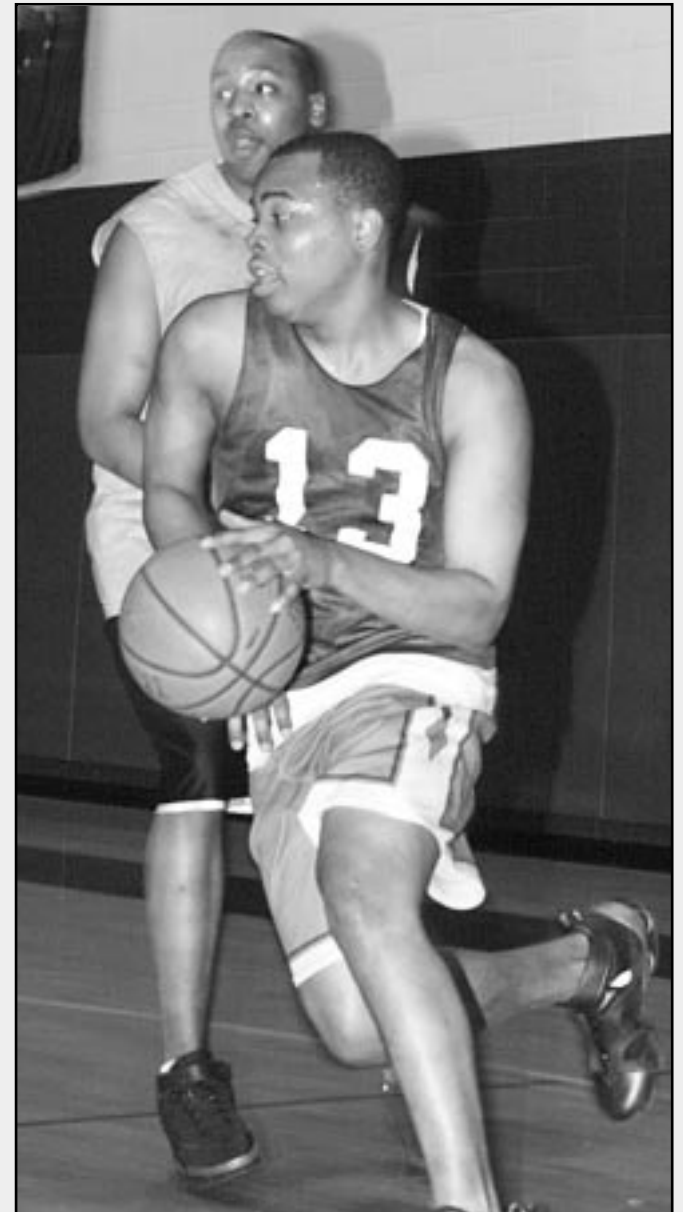


Season winding down

Anthony Evans, 509th Maintenance Squadron, goes up for a layup during the 509th MXS intramural basketball team's 58-37 win over the 509th Comptroller Squadron Monday. Evans scored nine points during the contest. In other games, the 509th Communications Squadron beat the 509th Civil Engineer Squadron 51-34. CPTS bounced back to beat the 509th Aircraft Maintenance Squadron 59-54 Tuesday. The 509th CS routed the 509th Logistics Readiness Squadron 58-30 and Tyrone Wright led CS with 9 points.



Photos by Airman 1st Class Joe Lacdan



Above: Ronald James, 509th Maintenance Squadron, pump fakes along the baseline as William Piper, 509th Comptroller Squadron, defends. James scored nine points and also hit one three-pointer during the contest Monday. Right: Brandon Scott, son of Master Sgt. Ronald Scott, 509th MXS, drives on Kevin Harris, 509th CPTS.

Aerobics Schedule

Mondays — 6 a.m., 9 a.m., 12 p.m. and 3:30 p.m., Spinning, 11 a.m. Tae kwon do, 6:15 p.m. yoga and 5:15 p.m. Pilates

Tuesdays — 5 p.m. Turbo step

Wednesdays — 6 a.m., 9 a.m., 12 p.m. and 3:30 p.m., Spinning, 11 a.m. Tae kwon do,
Thursday — 5:15 p.m. Step interval

Fridays — 6 a.m., 9 a.m., 12 p.m. and 3:30 p.m., Spinning, 11 a.m. Tae kwon do